BY SARAH JAMISON

This beginner friendly pattern is perfect for your first pair of socks! In this pattern, you will learn the basics of sock construction, and end with a cozy pair of socks!

required skills

Must be comfortable knitting, purling, and knitting in-the-round.

sizing

s (m, l)

s - women's shoe size 5 - 7

m – women's shoe size 8 – 10, men's shoe size 6.5 – 8.5

l - women's shoe size 11+ , men's shoe size 9+

gauge

12 st x 16 rows = 2" in 3x1 rib

materials

- 200 360 yards of worsted weight yarn Sample knit using Earthly Yarn, Dorset Worsted, 250 yds
- US 4 (3.5mm) and US 5 (3.75mm) 10" circular needles
- US 4 (3.5mm) DPN
- stich markers
- tapestry needle

If you do not want to use the 10" circulars, you will need

• US 4 (3.5mm) & US 5 (3.75mm) DPN



abbreviations

BOR – Beginning of round DPN's – Double Pointed Needles k – knit k2tog – knit two together decrease p – purl p2tog – purl two together decrease RS – Right Side sl – slip stitch sm – slip marker ssk – slip, slip, knit decrease st(s) – stich(es) WS – Wrong Side

wyif - with yarn in front

instructions

At the end of the pattern, I have added ways to customize your socks for a great fit!

cuff

1. Starting with your smaller needles, and using the German Twisted Cast On method, cast-on 36 (40, 44) sts.

2. (k1, p1) until the end of row. Do not turn. Join in the round, careful to not twist your sts. place marker, this is your beginning of round.

3. (k1, p1) until the end of round. Continue your 1x1 rib for 1 in.

leg

Switch to your bigger needles.

(k3, p1) until the end of round.

Continue your 3x1 rib until your leg measures 6 in.

heel

Switch to your smaller DPN's for the heel section. You will only be working on half the stitches in this section.

- 1. Slip first stitch, k17 (19, 21). Turn. Keep the rest of your 18 (20, 22) stitches on your circular needles, or put on a holder.
- 2. WS: slip the first stitch, purl to end of row
- 3. RS: (sl1, k1) repeat to end of row.

Repeat rounds 2 & 3 until your heel flap measures 2 (2.5, 2.5)in, ending on a RS row.

heel turn

1. Starting on WS row slip first st wyif, p9 (10, 11), p2tog, p1, turn.

2. RS: slip 1, k3 (4, 3), k2tog, k1, turn.

Here, you will notice a small gap between the worked stitches, and the unworked stitches on your needles.

3. WS: slip 1 wyif, p to 1 stitch before the gap, p2tog, p1, turn.

4. RS: slip 1, k to 1 stitch before the the gap k2tog, k1, turn.

Repeat rows 3 & 4 until all stitches have been worked on the needles. You should end on a RS row, do not turn. You should have 10 (11, 12) stitches remaining.

set up for gusset

In this section, we are splitting the sock into four sections. The left side heel flap, the instep (top of foot), the right side heel flap, and the heel turn.

Left Side Heel Flap: Continuing on the RS, pick up and knit the slipped stitches along the left side heel flap, plus 1 extra stitch between the heel flap and leg, this closes the gap that often occurs.

Instep: Knit in pattern the stitches that are being held on the instep.

Right Side Heel Flap: Pick up and knit the stitch between the right heel flap and leg, and the slip stitches of the right heel flap.

Heel: Knit 5 (5, 6), place marker. This is your new beginning of round.

With your larger needles, k the remaining heel stitches and right side heel flap stitches, place marker.

Work in pattern until you get to the right heel flap stitches. Place marker. You will continue to work your 3x1 rib between these 2 markers on your instep. The rest of your sock will be in stockinette st (knit stitches only).

Finish your row to get back to your BOR.

gusset decreases

1. K to 4 stitches before your marker, K2tog, k2, sm, knit in pattern, sm, k2, ssk, k to end of round.

2. K to marker, sm, knit in pattern, sm, k to end of round.

Repeat rounds 1 & 2 until you have 36 (40, 44) sts total. You will have 18 (20, 22) each for your instep and foot sections.

foot

Continue working in pattern until your foot is 2 in from your longest toe. Do not remove your stitch markers, you will need those for the toe section.

You will have 18 (20, 22) each for your instep and foot sections.

toe

Switch to your smaller needles for the toe section.

1. K one round, sm when you get to them

2. K to 4 stitches before your marker k2tog, k2, sm, k2, ssk, k to 4 stitches before your marker k2tog, k2, sm, k2, ssk, k to end of round. Repeat rounds 1 & 2 until you have 16 (20, 22) stitches total. Switch to your DPN's when needed.

finishing

Your toe should be separated in half by your stitch markers. Put your top 8 (10, 11) stitches on one DPN and your bottom 8 (10, 11) stitches on a separate DPN, removing stitch markers.

Kitchner stitch your toes shut.

Weave in ends.

Enjoy your cozy socks!

customizations

As with any garment, you can customize your socks for the perfect fit!

cuff and leg

Your 1x1 rib helps your socks stay in place, and your 3x1 rib forms to your leg. You can customize the length of your cuff and leg to your liking.

Like longer socks? Add an inch to your 1x1 rib and knit your 3x1 rib to your desired length. Make sure you have enough yarn to make this customization.

Like shorter sock? Make your 1x1 rib 1/2 in and shorten the length of your 3x1 rib.

gusset decreases

If you have a high arch, you can decrease every row for a shorter gusset. This will keep your sock form fitting over your arch

